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Pre-Vasectomy Instructions

1. Do not take aspirin, ibuprofen, Aleve, Vitamin E or any other blood thinning products 5 days prior to your vasectomy (See the attached list for a list of common blood thinners)
2. Shower the morning of your vasectomy, **please do not shave the scrotum prior – this increases the risk of infection.**
3. Eat a light breakfast or lunch prior to the vasectomy.
4. Fill your prescriptions prior to your vasectomy.
 - a. Take 1 antibiotic pill 2 hours before vasectomy and finish as instructed after.
 - b. Take 1 Valium 1 hour before vasectomy if prescribed by your provider.
5. Arrive at the office 30 minutes prior to your scheduled appointment time.
6. You must have someone to drive you. You are not to drive for at least 6 hours after the vasectomy.
7. Bring a jock strap or tight jockey shorts to wear after the vasectomy. **DO NOT** bring boxer shorts to wear after the procedure.
8. **Be prepared to leave a urine specimen.**

Payment is due at time of service.

ONLY THE PATIENT IS ALLOWED IN THE SURGERY ROOM

LIST OF BLOOD THINNING MEDICATIONS

Let us know if you have been on any of these in the last 7 days

| | | | | |
|-----------------------|-------------------|--------------------|-------------------|-----------------------------------|
| 4Way Cold Tabs | Cinnamon | Fenoprofen | Mg Salicylate | Red Wine |
| A.S.A. | Clinoril | Feverfew | Micrainin | Relafen |
| Advil | Codeine | Fiorinal | Midol | Rexolate |
| Alcohol | Congesprin | Florinal Tabs | Mobidin | Robassal |
| Aleve | Cope | Florinal w/Codeine | Monogesic | Robaxisal |
| Alka Seltzer | Coricidin | Flubiprofen | Motrin | Roxiprin |
| Amigesic | Coricidin ID | Froben | Na Thiosalicylate | Rufin |
| Anacin | Corticosteroids | Garlic Capsule | Nabumetone | Saleto |
| Anaprox | Coumadin | Gelpirin | Nalfon | Salflex |
| APC | Darvon ASA | Genpril | Naprosyn | Salsa!ate |
| Argesic | Darvon Compound | Genprin | Naproxen | Salsitab |
| Arthropan Liquid | Dasin | Ginko Biloba | Norgesic | Sine Aid |
| Arthra G | Daypro | Glucosamine | Norwich Ex. St. | Sine Off |
| Arthrotec | Depakote | Goody's Body Pain | Nurpin | Soma Compound |
| Ascodeen | Dexamethasone | Halfprin | Nyquil | Sulindac |
| Ascriptin | Diclofenac | Haltran | Nytol | Synalogs DC |
| Ascriptin w/Codeine | Diflunisal | Ibuprin | Ocufen | Talwin |
| Aspergum | Dipyridamole | Ibuprofen | Omega 3 | Tanacetum Patheniul (feverfew) |
| Asprin | Disalcid | Ibuprohm | Orudis | Tolectin |
| Asprimox | Doan's Pills | Indameth | Oruvail | Tolmetin |
| Axone | Dolobid | Indocin | Oxybutazone | Torado! |
| Baby Aspirin | Dristan | Indomethacin | Oxyphenbutazone | Trandate |
| Bayer | Duoprin-S | Ketoprofen | Oxyprozin | Trenden |
| BC Powder/Tablets | Duradyne | Ketorolac | Pamprin | Trental |
| Bromo-Seltzer | Duragesic | Lanorinal | Pamprin | Trigesic |
| Brufen | Dvialproex | Lodine | Pepto-Bisma! | Trilisate |
| Bufferin | Easprin | Lortab ASA | Tusal | Vanquish |
| Bufferin w/Codeine #3 | Ecotrin | Lovenox | Percodan | |
| Buffex | Emperin w/Codeine | Magan | Persantine | Vitamin B12 |
| Buffinol | Empirin | Magnesium | Persantine | Vitamin B6 |
| Butazolidin | Emprazi! | Magsal | Phenaphen | Vitamin E |
| Cama Arthritis | Endodan | Marnal | Phenaphene | Voltaren |
| CataFlam | Enoxaprin | Marthritic | Phenylbutazone | Warfarin |
| Celebrex | Epromate | Meclofen | Piroxicam | Willow Bark |
| Cephalgesic | Equagesic | Meclofenamate | Plavix | Zactrin |
| Cheraco! Camps | Etodolac | Medipren | Ponstel | Zaorpin |
| Children's Asprin | Excedrin | Mefenamic | Prednisone | |
| Choline Salicylate | Feldene | Menadob | Quagesic | |